



This is a general overview of what veg (and some fruit) you can plant and when. This list is not exhaustive, and certain varieties will have different requirements so follow the guide on the packet or plant in the first instance.

Fruit trees have not been included here as there is too much variety and choice! They are usually bought as bare root or container grown plants and there is a huge range of options you can look into if you want something more permanent in your growing space.

<b>Produce</b>	<b>When to sow seeds inside</b>	<b>When to sow (or if grown inside - transplant) outside</b>	<b>Growing time</b>	<b>Harvest</b>
Artichoke (jerusalem)		Feb - Mar	39 - 42 weeks	Oct - Mar
Aubergines	Feb - Mar	Apr - May	20 - 22 weeks	Aug - Sep
Beans (broad)		Nov - Jan / Mar - May	12 - 15 weeks	Jun - Aug
Beans (french)	Mar - Apr	May - Jun	15 - 18 weeks	Jul - Oct
Beans (runner)	Apr	May - Jun	13 - 15 weeks	Jul - Oct
Beetroot		Apr - May	15 - 20 weeks	All year
Blueberries		Jun / Nov - Mar	No fruit until year three or four	Jul - Sep
Broccoli		Mar - May / Jun - Jul	18 - 24 weeks	Oct - May
Brussel sprouts	Feb	Mar - Apr / May - Jun	24 - 30 weeks	Oct - Mar
Butternut Squash	Apr	May - Jun	12 - 15 weeks	Jul - Sep



Produce	When to sow seeds inside	When to sow (or if grown inside - transplant) outside	Growing time	Harvest
Cabbage (autumn sown)		Jul - Aug / Oct	24 - 30 weeks	Apr - Jul
Cabbage (spring sown)	Feb	Apr / Jun - Jul	18 - 22 weeks	Jul - Nov
Carrot	Nov - Feb	Apr	18 - 22 weeks	All year
Cauliflower (autumn sown)	Oct	Aug / Feb - Mar	22 - 24 weeks	May - Jun
Cauliflower (spring sown)	Jan - Feb	Mar - Jun	18 - 22 weeks	Jun - Oct
Celeriac	Feb - Mar	May - Jun	24 - 28 weeks	Oct - Nov
Celery	Jan - Feb	Apr - Jun	22 - 24 weeks	Oct - Feb
Chillies	Feb - Apr	Jun - Jul	22 - 24 weeks	Jul - Oct
Chinese cabbage		May - Aug	8 - 10 weeks	Jun - Oct
Courgette	Apr - May	Jun - Jul	10 - 14 weeks	Jul - Oct
Cucumber	Apr - May	May - Jun	13 - 16 weeks	Aug - Sep
Garlic		Feb - Mar	20 - 24 weeks	Jul - Sep
Kale		Mar - May / Jun - Jul	18 - 20 weeks	Nov - Mar
Leeks	Jan - Feb	Mar / May - Jul	32 - 36 weeks	Oct - Mar
Lettuce	Jan - Mar	Mar - Aug / Apr - Jul	11 - 26 weeks	Mar - Nov
Mange tout		Mar - May	16 - 16 weeks	Jul - Aug
Marrow	Feb - Apr	May - Jun	18 - 20 weeks	Aug - Sept



Produce	When to sow seeds inside	When to sow (or if grown inside - transplant) outside	Growing time	Harvest
Onion (from sets)		Mar	22 - 26 weeks	Aug - Mar
Onion (from seed)	Dec - Feb	Mar - Apr / Aug / Apr - May	20 - 26 weeks	All year
Pak choi		Apr - Aug	10 - 12 weeks	Jun - Oct
Parsnip		Feb - Mar	24 - 26 weeks	Nov - Mar
Peas		Mar - May	16 - 16 weeks	Jul - Aug
Peas (early)		Feb - Mar	12 - 16 weeks	Jun - Jul
Peppers	Feb - Apr	May - Jun	18 - 22 weeks	Jul - Oct
Potatoes (early)		Mar	12 - 24 weeks	Jun - Jul
Potatoes (normal)		Apr	12 - 24 weeks	Sept
Pumpkin	Feb - Apr	May - Jun	18 - 20 weeks	Aug - Sept
Radish	Oct - Feb	Mar - Sept	6 - 10 weeks	Apr - Oct
Raspberries		Nov - Mar	No fruit in first year	Jun - Oct
Rhubarb		Feb - Mar	15 months	Apr - Jul
Rocket (wild)		Apr - Sept	4 - 8 weeks	Jun - Dec
Shallot sets		Mar	22 - 26 weeks	Aug - Mar
Spinach		Mar - Aug	7 - 14 weeks	Jun - Aug



Produce	When to sow seeds inside	When to sow (or if grown inside - transplant) outside	Growing time	Harvest
Spring onions		Mar - Oct	8 weeks	May - Oct
Strawberries		Mar - Apr / Sep	12 - 15 weeks	Jun - Sep
Swede		May - Jun	20 - 24 weeks	Nov - Feb
Sweetcorn	Apr	May - Jun	18 - 22 weeks	Aug - Sept
Swiss chard		Mar - Aug	7 - 14 weeks	Jun - Aug
Tomatoes	Feb - Mar	May	18 - 22 weeks	Aug - Nov
Turnip	Jan - Feb	Apr - Jul	7 - 10 weeks	All year
Watercress	Mar - Apr	Apr - Jun	4 - 6 weeks	May - May