

# BRIGHT FUTURES



GREEN  
DOCTOR



## What is Bright Futures?

Bright Futures, from Groundwork Yorkshire's Green Doctors, aims to pro-actively help some of our most vulnerable residents get off to a good start when moving into a new or first home.

For those moving into a new property we offer a Green Doctor visit focused on new tenants. This will ensure the focus is on setting up the heating system correctly, checking accounts have been opened with accurate meter reads as well as looking at any easy, cheap energy saving measures.

During the visit they will be given a £50 energy voucher to help them get off to a good start and a Green Doctor warm pack which includes blankets, hats, scarves, gloves, socks, a hot water bottle and thermal mug.

We also offer a support package to help prepare vulnerable people for their first homes and help to prevent the initial build-up of energy and other priority debt. This is aimed at key target groups that will benefit from the broad nature of the project:

- + Care leavers
- + Young families
- + Asylum seeker/refugees moving into their first home
- + ESOL support groups where English is not the first language
- + People with mental health conditions, such as those who are neurologically diverse
- + New tenants with vulnerabilities such as low-income, long-term health conditions etc.
- + Low-income students

## How can we help?

We aim to help in several ways starting with a development session aimed at helping small groups develop their own Starter Pack from our template. This course can be broken into smaller sessions if necessary. This Starter Pack will cover:

- + What to do when moving into a new home
- + Setting up necessary accounts; energy, water, council tax etc.
- + Social tariffs review covering water, mobile phones and Wi-Fi
- + How to read meters and to check bills are correct
- + Understanding responsibilities as tenants as well as their rights
- + A benefits check and any guidance required
- + Support with budget planning and payment methods
- + How to deal with problems in a new home
- + Safety in the home around fire and carbon monoxide
- + Guidance on dealing with indoor air pollution
- + Advice on how to deal with damp, mould and condensation

Finally focusing on other things that they need to know such as

- + Local doctor's surgeries and how to sign up
- + Bin days and recycling
- + Local community centres
- + Food pantries and other cheap places to shop

This would be followed by the Green Doctor visit so they will get the same good start.

We would welcome the opportunity to discuss Bright Futures with you to look at how it could help in your community.



# GREEN DOCTORS CAN HELP YOU TAKE CONTROL OF YOUR ENERGY BILLS

- Practical solutions to reduce your energy costs
- We help with energy bills
- We can install energy saving measures

For more information, to arrange a home visit or to  
make a referral contact:

Phone: 0300 303 3292

Email: [greendoctoryorkshire@groundwork.org.uk](mailto:greendoctoryorkshire@groundwork.org.uk)

[www.groundwork.org.uk/greendoctor](http://www.groundwork.org.uk/greendoctor)



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